

# Drawing to learn



## Me and my body

Using mime and art and craft to explore the body through the senses

## Drawing to learn 'Me and my body'

Leith Hogan  
Leith.Hogan@bigpond.com



**Drawing to learn:  
Integrated Art and craft  
projects for classrooms**

### 'Me and my body'

Drawing to learn about self, senses and possibilities.

Mindfulness:

Exploring the senses through mime then drawing/ art or craft.

Every drawing activity will begin with a mime activity of whole body then a focus upon sense of the session. Children will then explore the sense through varied drawing activities. At the end of the activity children will return to mime whole body and where sense fits into the whole.

The educational focus will be upon:

- Cooperative learning strategies in group work
- Art/ craft/ design
- Health questioning
- Integrated planning using 'tuning in, finding out, sorting out and going further' in exploration of the self.
- Creating and using a puppet of self.
- Using an online tool to exhibit work.

## ME AND MY BODY

### ACTIVITIES: OVER 3/4 DAYS IN INDIVIDUAL SCRAPBOOKS

#### 1. Hands: Touching:

- A. Soft/hard/squishy/flexible /vibrations/feeling/signing games
- B. Draw hand in black pen. Design patterns inside handprint
- C. Divide page into 9 sections: Draw hands in different pose in each with oil pastels.

#### 2. Eyes: Seeing

- A. Drawing eyes. Repeated eye image in frames: patterns
- B. Then divide page into 3 sections:
- C. Draw: ground view /middle then horizon view high up in sky:
- D. Brown wash/ green wash /blue wash then drawn fine pen tissue paper collage into it.

#### 3. Ears: Hearing:

- A. Drawing ears
- B. Soundscapes drawings. Drawing what they hear with black pens, colors. Loud, soft , smooth, crashing sounds etc.,

#### 4. Nose: Smelling

- A. Different smells with eyes closed. Guess what smell?? What does it bring to mind??
- B. Smell collage using 5 colors

#### 5. Tongue: Tasting: Taste collage: ribbons, wool, cellophane, buttons etc.,

#### 6. Kinesthetic: Feeling:

- Whole body.:
- A. Draw bones and muscles: arms in detail
- B. Then movement up / down on page moving sideways etc,
- C. Pipe cleaner figures
- D. Drawing stick figures into comic strip: 3 movements or 3 scenarios

#### 7. What is your name?

- Name designs: lettering/ patterns on front page of scrapbook
- Name connected to identity / self portrait

#### 8. Self Portraits:

- Bright felt tip pens and paint with different patterns. Faces: Happy /sad /angry /joyful/ surprised/ frightened

#### 9. Group portraits: Black and white: Jigsaw piece mural

## RESOURCES:

Individual scrapbooks

Felt tip pens

Pencils

Black highlight pens

White glue

Paints/ brushes

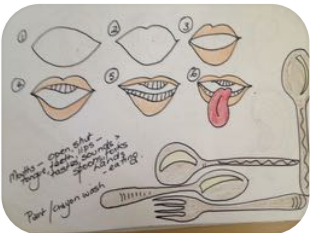
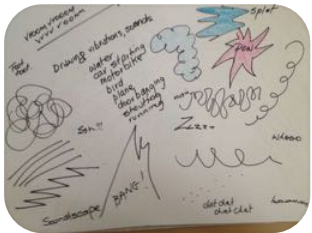
Crayons

Collage craft materials:

Pop sticks, scraps of material,  
card, buttons, sequins,  
cellophane, colored papers, wool  
etc.,

EACH PHASE/ TASK WILL  
HIGHLIGHT A DIFFERENT ART/  
CRAFT TECHNIQUE AND A  
SPECIFIC FOCUS FOR EACH OF  
THE ACTIVITIES

FIND MORE INFORMATION AT DRAWING TO LEARN:



## 1.Touch: hands

Trace around your hands. Now look at the features of them. What markings do you have? Explore them: Color, design, patterns on hands. B: Patterns with fingers...make them into birds, faces, butterflies or words in 9 frames. Trace around hands and illustrate them.

## 2. See: eyes

Look in the mirror: What does your eye look like? Draw it. Look at the eyeball, eyebrows eye lids.... all of it. What does your friend's eye look like? Are they different? Draw some more eyes... lots and lots. What can you see with your eyes? On the ground? On the horizon and in the air. Create a paint wash of brown, green and blue on your page in three sections. Draw what you see

## 3. Hear: ears

Ears help us to hear . Other parts of our body feel vibrations and help us to hear. Our feet, our hands, our skin. Create a soundscape as you hear the noises of hands, spoons, plates, scissors, clapping , doors banging, shouting, clicking ,shhhing, whispering . Just draaaaaaaaaaaaaaw the sounds you feel !

## 4. Smell: nose

Our nose helps us make sense of the world. It helps us breathe. Check out everyone's noses. Draw them. What makes a good nose? We smell many different smells all day. Sweet, sugary lemon, sour, nasty, pleasant , cooking bread, smells. Draw, color what the smell in the bottle makes you think of. Create a collage of smells.

## 5. Taste: tongue

Our mouth helps us to eat taste, breathe, make sounds, make expressions. We use our teeth, tongue and lips to eat. Our hands help us to use our mouth. As you taste what is in the different TASTE cups, choose a color that it makes you think of. Put a thumbprint of the color on your page.

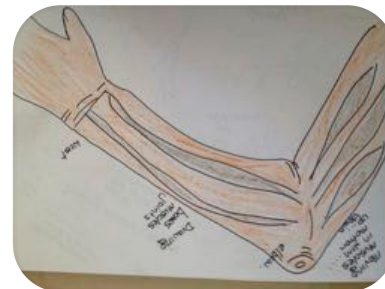
Leith Hogan  
Leith.Hogan@bigpond.com



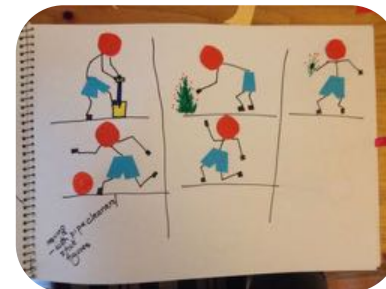


# Final presentation: Celebration: 'Me and my body'

Leith Hogan  
Leith.Hogan@bigpond.com



## 6: My name:



## 7: Feel: kinesthetics

Feel your arm : Feel your muscles .  
Feel the bones in your upper arm. Where are they?  
Move your arm at your elbow.  
What is happening? MIME MOVEMENT:  
Use the pipe cleaners and show movement up/ down and sideways .  
Create some stick figure movers. Glue them to ascend in our scrapbook. Make



## 8: Portrait: My identity

Create a silhouette of your whole face.....  
color it... look carefully and trace around it.  
Then, stick some colored paper , ribbons on and dress your face up!



## 9. Group portrait

